

Scott AFB Collaborative Helping Agencies

Alcohol and Drug Abuse Prevention and Treatment (ADAPT) provides individual and group counseling for military personnel who recognize a desire to change their substance use. ADAPT offers patient treatment and substance misuse education that focuses on teaching about the effects of addiction. ADAPT can also provide briefings to squadrons or groups on responsible drinking.

Chaplain Service ensures Airmen provide spiritual care and moral well-being. Chaplains and Religious Affairs Airmen are trained and equipped for absolute privileged communication and total confidentiality. A chaplain is on call 24/7 through the Base Command Post for pastoral counseling and crisis intervention.

Equal Opportunity processes military and DoD civilian complaints based on race, religion, national origin, age, disability, sex (sexual orientation, pregnancy, gender identity), sexual harassment, and bullying and hazing.

Family Advocacy builds healthy families through the prevention and treatment of family violence. They seek to first prevent family violence by providing educational programs such as parenting classes, couples communication workshops, and the New Parent Support Program. Family Advocacy also provides intervention and treatment when domestic abuse occurs. If you suspect someone is a victim of domestic violence or child abuse, you are encouraged to contact Family Advocacy; such reporting is required for mandatory reporters.

Mental Health provides clinical care to Active Duty members in need of specialized treatment for psychiatric conditions. Services include evidence based therapeutic modalities, medication management, special duty evaluations, command directed evaluations, command consultations, and unsuitable/unfitting condition disposition.

Military and Family Life Counselors (MFLC) provides short-term, non-medical counseling. Services are free and confidential – they are between you and the counselor, no records are kept.

Military and Family Readiness Center focuses on community readiness and quality of life. Through a variety of programs, the Center supports and maintains mission readiness by assisting with proactive, preventative, and remedial services that foster self-sufficiency and sustain the personal and family readiness. Available to all DoD military, civilians and families, including Guard and Reserve, military retirees, and eligible family members. Service offered include: personal and family readiness, financial assistance, employment assistance, relocation assistance, transition assistance, informational and referral assistance, family life education, and Air Force Aid Triage

Military OneSource is an interactive website provided by the DoD for all military members and their families, and is available 365/24/7 by phone, online and face-to-face for non-medical counseling sessions in the local community.
www.militaryonesource.mil

Off Base Network: Dependants Only no referral needed. Check Humana online for providers in network.
www.humanamilitary.com

Patient Centered Behavioral Health (PCBH) is available to patients enrolled at Scott Air Force Base. The PCBH is a licensed clinical professional who works as a member of your Primary Care Team within the clinic to provide short term therapy (6 appointments or less) and solution-based interventions. **Call appointment line ask and for behavioral health. No referral from PCM required.**

Sexual Assault Prevention and Response Office (SAPR) offers immediate 24/7 assistance, support, and other resource information for adult [non-intimate partner] sexual assault victims.



375th Medical Group Mental Health Resource Guide

Helpful Numbers:

Scott AFB Appointment Line
Primary Care Manager, Patient Centered Behavioral Health
(PCM, PCBH):
618-256-9355

Chaplain: 618-256-4060

Mental Health Clinic: 618-256-7386

Military OneSource: 1-800-342-9647

Military & Family Readiness Center (MFRC):
618-256-8668

Military Family Life Counseling (MFLC): 618-671-2302
or 312-826-9366



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Helping Agency Stressor	ADAPT 618-256-7386	Chaplain 256-4060 After Hours Command Post: 618-256-5891	Equal Opportunity 618-256-6581	Family Advocacy 618-256-7203	Inspector General 618-256-4744	M&FRC 618-256-8668	Mental Health (Active Duty) 618-256-7386	Military & Family Life Counselor 618-671-2302 618-477-1620	Military OneSource 1-800-342-9647	Off Base Network Humana 1-800-444-5445	PCBH (Behavioral Health Dependents) 618-256-9355	PCM 618-256-9355	SAPR 618-256-7272
Abuse of Authority		AD DP CIV	AD CIV		AD DP CIV								
Alcohol/Drugs/Tobacco	AD	AD DP CIV					AD		DP	DP	AD DP	AD DP	
Anger Management		AD DP CIV		AD DP			AD	AD DP	AD DP	DP	AD DP	AD DP	
Anxiety/Panic		AD DP CIV					AD			DP	AD DP	AD DP	
Bullying/Hazing		AD DP CIV	AD CIV		AD DP CIV			AD DP	AD DP				
Child/Spouse Abuse		AD DP CIV		AD DP					AD DP			AD DP	
Disaster Recovery		AD DP CIV				AD DP CIV	AD						
Discrimination		AD DP CIV	AD CIV		AD DP CIV								
Exceptional Family Member Program						AD DP CIV		AD DP	AD DP			AD DP	
Finances						AD DP CIV			AD DP				
Grief		AD DP CIV				AD DP CIV		AD DP	AD DP	DP	AD DP	AD DP	
Homicidal Thoughts		AD DP CIV					AD			DP	AD DP	AD DP	
Hallucinations/Delusions		AD DP CIV					AD			DP	AD DP	AD DP	
Medication							AD					AD DP	
Parenting		AD DP CIV		AD DP		AD DP CIV		AD DP	AD DP		AD DP		
Relationships		AD DP CIV		AD DP				AD DP	AD DP	DP	AD DP		
Sadness/Depression		AD DP CIV					AD	AD DP	AD DP	DP	AD DP	AD DP	
Sexual Assault		AD DP CIV		AD DP			AD						AD
Sexual Harassment		AD DP CIV	AD CIV				AD						
Suicidal Thoughts		AD DP CIV					AD			DP	AD DP	AD DP	
Work/School Issues		AD DP CIV					AD	AD DP	AD DP	DP	AD DP		

AD = Active Duty DP = Dependent CIV = Civilian

See other side for descriptions of Agencies